HEAL

Benefits of sound absorbing ceilings

Noise in healthcare environments

Noise level recommendation:

30-35dBA

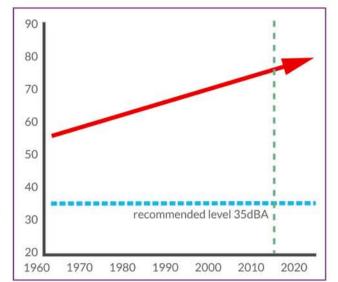
The reality:

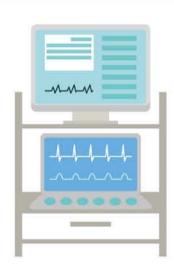
45-120dBA

Increasing by:

5dBA per decade







Noise sources:

- Voices and communications
- Machines and alarms
- Movement

Effect of noise on patient health

11-20%

of arousals and awakenings are due to noise

Excess noise:

- Increases length of hospital
- Elevates stress and anxiety
- Adversely affects the young, elderly and depressed

Solutions to minimise noise



Noise and reverberation time is reduced by the installation of sound absorbing ceiling tiles

Effect of noise on patient health



Effect on Hospital Staff:

of headaches at work are from noise induced stress

Reduced noise = less stress and overall better working environments

Benefits for patient health



Reduced:

Annoyance & stress Headaches Blood pressure **Emotional exhaustion** Rehospitalisation

Pain



Improved:

Sleep Medical accuracy Recovery time

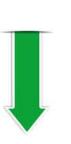
Satisfaction



Benefits for staff

Reduced:

- Stress
- Fatigue
- Medical errors





Improved:

- Satisfaction
- Effectiveness
- Productivity
- Communication

